



JULY 2010

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|--|--|--|
| | 28 6:30am Maria 9:30am Andrea 12:00 Aandrea 5:30pm Alex 7:30pm Alex | 29 9:30am Gloria 12:00 Debbie 5:30pm David 7:30pm Andrea | 30 6:30am Debbie 9:30am David 5:30pm Janice 7:30pm Barbora | 1 CANADA DAY 10:00am Tara 12:00 Andrea 6:00pm Alex | 2 HOLIDAY HOURS 10:00am Janice 6:00pm Barbora | 3 HOLIDAY HOURS 10:00am Alex 4:00pm Paul |
| 4 HOLIDAY HOURS 10:00am Barbora 4:00pm Alex | 5 6:30am Debbie 9:30am Janice 5:30pm Teisha 7:30pm Teisha | 6 9:30am Janice 12:00 Debbie 5:30pm David 7:30pm Andrea | 7 6:30am Maria 9:30am Gloria 5:30pm Tara 7:30pm Barbora | 8 9:30am Janice 12:00 Andrea 5:30pm Alex 7:30pm Alex | 9 6:30am Debbie 9:30am Gloria 5:30pm Babora | 10 8:00am Janice 10:00am Gloria 3:00pm Paul |
| 11 10:00am Tara 12:00pm Debbie 4:00pm Paul | 12 6:30am Maria 9:30am Gloria 5:30pm Teisha 7:30pm Teisha | 13 9:30am Gloria 12:00 Debbie 5:30pm David 7:30pm Andrea | 14 6:30am Debbie 9:30am David 5:30pm Janice 7:30pm Barbora | 15 9:30am Andrea 12:00 Andrea 5:30pm Alex 7:30pm Alex | 16 6:30am Debbie 9:30am Tara 5:30pm Barbora | 17 8:00am Janice 10:00am Lindsay 3:00pm Paul |
| 18 10:00am Barbora 12:00pm Barbora 4:00pm Paul | 19 6:30am Debbie 9:30am Andrea 5:30pm Teisha 7:30pm Teisha | 20 9:30am Gloria 12:00 Debbie 5:30pm David 7:30pm Andrea | 21 6:30am Maria 9:30am Gloria 5:30pm Janice 7:30pm Barbora | 22 9:30am Andrea 12:00 Andrea 5:30pm Alex 7:30pm Alex | 23 6:30am Debbie 9:30am Gloria 5:30pm Barbora | 24 8:00am Debbie 10:00pm Gloria 3:00pm Paul |
| 25 10:00am Debbie 12:00pm Debbie 4:00pm Alex | 26 6:30am Maria 9:30am Gloria 5:30pm Teisha 7:30pm Teisha | 27 9:30am Gloria 12:00 Debbie 5:30pm David 7:30pm David | 28 6:30am Debbie 9:30am David 5:30pm Alex 7:30pm Barbora | 29 9:30am Barbora 12:00 Barbora 5:30pm Alex 7:30pm Alex | 30 6:30am Debbie 9:30am Gloria 5:30pm Barbora | 31 HOLIDAY HOURS 10:00am Gloria 4:00am Paul |
| 1 HOLIDAY HOURS 10:00am Gloria 4:00pm Alex | 2 HOLIDAY HOURS 10:00am Alex 4:00pm Teisha | DOORS OPEN 1/2 hour before Class Begins 6:15AM FOR EARLY BIRD CLASSES 416-789-9642/416-551-8456 | | | | |